

Unit Title: Providing Personal Care In Care Settings
Unit Level: Level 2
Unit Credit Value: 3
GLH: 24
LASER Unit Code: WJD428
Ofqual Unit Code: H/504/8951

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about the key principles when offering personal care.	1.1	Explain why good hygiene is important.
		1.2	Discuss the factors that influence the individual's ability to carry out their own personal care.
		1.3	Explain why it is important to involve the individual in their own personal care routine.
		1.4	Explain why it is important to offer choice when considering personal care.
		1.5	Explain the factors that might affect choice when considering personal care.
		1.6	Explain why cultural background needs to be considered when offering personal care.
		1.7	Explain why the following need to be considered when offering personal care: (a) privacy and dignity (b) time (c) gender.
2.	Know about providing support with personal care.	2.1	Explain how support would be offered during: (a) washing (b) bathing (c) showering (d) dental care (e) nail care (f) dressing.
		2.2	Discuss the conflicts that might arise as a result of offering assistance with hygiene.
		2.3	Discuss what might need to be recorded following the delivery of personal care.

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3.	Know about supporting an individual to care for their personal appearance.	3.1	Explain why personal appearance is important.
		3.2	Discuss the conflicts that might arise as a result of offering assistance with dressing and grooming.
		3.3	Explain how personal beliefs and preferences may affect dressing and grooming.
4.	Know about the issues associated with personal care and infection control.	4.1	Explain the actions to be taken to ensure all areas are left clean and tidy.
		4.2	Discuss why it is important for individuals to have their own toiletries.
		4.3	Discuss how they would explain to an individual the need to take additional precautions to stop cross infection.

Assessment Guidance:

NA

Additional Information:

NA
