

Unit Title: Facilitate Community-based Sport And Physical Activity
Unit Level: Level 3
Unit Credit Value: 8
GLH: 54
LASER Unit Code: WJE867
Ofqual Unit Code: R/507/1562

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand how to facilitate community-based sport and physical activity.	1.1	Explain the role of sport and physical activity in community development.
		1.2	Explain current government policies in relation to sport and physical activity in the community.
		1.3	Identify broad issues that affect local communities and the impact they may have on facilitating programmes of sport and physical activity.
		1.4	Compare different types of communities and how their different features and needs will influence working practices to include: <ul style="list-style-type: none"> a) urban b) rural.
		1.5	Review good practice models/case studies about community-based sport and physical activity and identify what made them successful.
		1.6	Develop an evidence-based community profile to inform community sport and physical activity initiatives.
2.	Understand how to support communities to facilitate sport and physical activity.	2.1	Explain why it is important to encourage communities to use their own facilities and resources.
		2.2	Identify types of conflict that may occur between different sections of the community and how to negotiate conflict resolution.
		2.3	Explain how to empower the relevant people to promote the benefits of sport and physical activity to the community.
		2.4	Explain why sustainable development and capacity building are important when developing sport and physical activity within communities.

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		2.5	Identify partnerships which may already exist in or with the local community.
		2.6	Explain how to identify and bring together people in the community who could contribute to and benefit from sport and physical activity.
		2.7	Explain how to build lasting and respectful relationships with people in the community.
		2.8	Explain the importance of collaborative working to identify and support common goals/agendas.
3.	Be able to support communities to facilitate sport and physical activity.	3.1	Explain the purpose of own role to community members/groups.
		3.2	Support community members/groups to explore new opportunities for developing community-based sport and physical activity.
		3.3	Support community members/groups to integrate sport and physical activity opportunities within existing projects and initiatives.
		3.4	Provide information about relevant coaching courses/training opportunities to community members/groups.
		3.5	Develop collaborative working practice within the community and support common goals/agendas.
		3.6	Maintain a two-way communication channel with community members/groups to facilitate sport and physical activity.
4.	Understand how to plan community-based sport and physical activity programmes.	4.1	Explain how to develop sport/physical activity opportunities that address: a) personal and social development b) physical and skills-based development.
		4.2	Describe the types of unconventional facilities it may be necessary to make use of and how they can be adapted for sport/physical activity.

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		4.3	Explain the skills, qualities and experience needed by staff working in community-based sport/physical activity programmes.
		4.4	Describe why it is important that staff understand the specific aims and objectives of the programme/initiative for both participants and the wider community.
		4.5	Describe why it is important to monitor programmes and respond to findings.
		4.6	Evaluate the advantages and disadvantages of different types of sport and physical activity opportunities that could address community needs.
		4.7	Describe the typical target groups in the community.
		4.8	Explain the possible 'hooks' that will involve target groups in sport and physical activity.
		4.9	Explain how to make community-based sport/physical activity attractive and accessible to target groups.

Assessment Guidance:
NA

Additional Information:
NA