

Unit Title: Understanding And Coping With Change

Unit Level: 2
Unit Credit Value: 1
GLH: 6

LASER Unit Code: WJB094 Ofqual Unit Code: Y/502/3559

This unit has 2 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand why change can happen in the place of work and some of the positive and negative impacts.	1.1	Describe the types of change that could occur in a place of work and provide examples of each. The types of changes will include technology, staff and 2 other examples.
		1.2	Describe a positive and negative change associated with the 4 types of change identified above.
		1.3	Describe why changes can happen in the place of work.
2.	Understand the reactions of others to change and how these reactions can be supported.	2.1	Describe the types of reactions others may have to change and explain why they may have these reactions.
		2.2	Describe how they themselves perceive change giving an honest appraisal of any concerns they might have.
		2.3	Outline the types of support networks that exist to help people cope with change in the place of work and provide examples for at least 2.

Assessment Guidance:
NA

Additional Information:	
NA	