

Unit Title: Developing Independent Living Skills:
Being Healthy
Unit Level: Entry 1
Unit Credit Value: 2
GLH: 20
LASER Unit Code: CAI221
Ofqual Unit Code: A/502/4168

This unit has 1 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be involved in keeping themselves healthy.	1.1	Take part in activities that contribute to keeping themselves healthy.

Unit Title: Developing Independent Living Skills:
Being Healthy
Unit Level: Entry 1
Unit Credit Value: 2
GLH: 20
LASER Unit Code: CAI221
Ofqual Unit Code: A/502/4168

ASSESSMENT INFORMATION

Guidance:

This grid gives details of the assessment activities to be used with the unit attached. Please refer to LASER Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

Assessment activities for this unit are indicated in the table below:

Any of these assessment methods considered appropriate may be used. However if a **P for Prescribed** appears against any assessment method, it *must* be used to assess some part/s of the unit.

Case study		Project	
Written question and answer/test/exam		Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	
Oral question and answer		Performance/exhibition	
Written description		Production of artefact	
Reflective log/diary		Practice file	

Assessment guidance mandatory if completed	All assessments of this unit must make use of the Entry 1 achievement continuum. Judgements should be recorded on the Entry 1 learner transcript and indicate the stage on the continuum at which the learner has achieved the learning outcomes. The Entry 1 guidance, including the achievement continuum, is available on the QCA website.
---	---