

**LASER Level 1 Award in Progression**  
Qualification Number: 600/4949/2

**Rules of Combination:**

The learner must achieve 6 credits at Level 1 (there is no spiky profile option). The credits may be chosen from any unit group(s), as there is no requirement in this small qualification to choose Core units, but a maximum of 3 credits may be chosen from the IT unit group.

Ofqual Unit Code	LASER Unit Code	Unit Title	Unit Description	Unit Credit Value	Unit Level
R/506/0822	WJC691	<a href="#">Acoustic Recording Techniques</a>	A (Core Units)	6	Level 1
F/506/0556	WJC355	<a href="#">Active Citizenship In The Local Community</a>	A (Core Units)	1	Level 1
T/506/0585	WJC729	<a href="#">Alcohol Awareness For The Individual</a>	A (Core Units)	3	Level 1
J/506/0557	WJC458	<a href="#">Aspects Of Citizenship</a>	A (Core Units)	3	Level 1
M/504/9391	WJD342	<a href="#">Basic Food Preparation And Cooking</a>	A (Core Units)	3	Level 1
T/504/9358	WJD383	<a href="#">Budgetary Control Within A Business Environment</a>	A (Core Units)	3	Level 1
H/506/0730	WJC421	<a href="#">Building A Personal Career Portfolio</a>	A (Core Units)	3	Level 1
M/504/8645	WJD370	<a href="#">Career Planning</a>	A (Core Units)	3	Level 1
L/506/0737	WJC576	<a href="#">Career Preparation</a>	A (Core Units)	1	Level 1
K/504/7512	WJD343	<a href="#">Caring For Your Baby</a>	A (Core Units)	2	Level 1
T/504/7514	WJD344	<a href="#">Caring For Your Child</a>	A (Core Units)	3	Level 1
J/503/2659	WJA437	<a href="#">Carpentry Hand Skills</a>	A (Core Units)	3	Level 1
H/504/8724	WJD384	<a href="#">Changing Roles And Relationships In Adolescence</a>	A (Core Units)	3	Level 1
T/506/0862	WJC751	<a href="#">Checking And Maintaining Car Tyre Pressure And Tread</a>	A (Core Units)	1	Level 1
D/505/1573	WJD385	<a href="#">Children's Social And Emotional Development</a>	A (Core Units)	3	Level 1
J/504/7517	WJD345	<a href="#">Communication In The Workplace</a>	A (Core Units)	3	Level 1
D/506/0824	WJC322	<a href="#">Composing Music</a>	A (Core Units)	6	Level 1
Y/506/0515	WJC775	<a href="#">Constructing A Cavity Wall Using Bricklaying Skills</a>	A (Core Units)	3	Level 1
D/506/0516	WJC300	<a href="#">Constructing A Half Brick Wall Using Bricklaying Skills</a>	A (Core Units)	3	Level 1
H/506/0517	WJC404	<a href="#">Constructing A One Brick Wide Wall Using Bricklaying Skills</a>	A (Core Units)	3	Level 1
A/504/9989	WJD368	<a href="#">Constructing Knitted Garments</a>	A (Core Units)	3	Level 1
L/506/1015	WJC601	<a href="#">Cultivating Compost And Soils</a>	A (Core Units)	3	Level 1
R/503/2714	WJA440	<a href="#">Cultivating Herbs</a>	A (Core Units)	3	Level 1
A/504/9393	WJD367	<a href="#">Customer Service In The Hospitality Industry</a>	A (Core Units)	3	Level 1
K/503/3044	WJA441	<a href="#">Data Calculations</a>	A (Core Units)	1	Level 1
K/506/1023	WJC546	<a href="#">Designing And Constructing Floral Arrangements</a>	A (Core Units)	3	Level 1
R/506/0559	WJC674	<a href="#">Develop Independent Skills For Living In The Community</a>	A (Core Units)	3	Level 1
Y/506/0756	WJC792	<a href="#">Developing A Personal Learning Programme</a>	A (Core Units)	3	Level 1

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M/506/0889	WJC644	<a href="#">Developing Creative Writing Skills</a>	A (Core Units)	3	Level 1
H/506/0825	WJC428	<a href="#">Developing Djing Skills</a>	A (Core Units)	3	Level 1
T/505/1577	WJD362	<a href="#">Developing Language And Communication Skills In Children</a>	A (Core Units)	3	Level 1
K/506/0826	WJC531	<a href="#">Developing Music Skills For Solo Performance</a>	A (Core Units)	6	Level 1
M/506/0827	WJC640	<a href="#">Developing Musical Ensemble Skills</a>	A (Core Units)	6	Level 1
T/506/0828	WJC747	<a href="#">Developing Oral Storytelling Skills For Performance</a>	A (Core Units)	3	Level 1
Y/506/0661	WJC786	<a href="#">Developing Own Interpersonal Skills</a>	A (Core Units)	3	Level 1
M/506/0830	WJC641	<a href="#">Developing Performance Improvisation Techniques</a>	A (Core Units)	3	Level 1
A/506/0653	WJC255	<a href="#">Developing Personal Confidence And Self Awareness</a>	A (Core Units)	3	Level 1
T/506/0571	WJC728	<a href="#">Developing Personal Development Skills</a>	A (Core Units)	3	Level 1
K/506/0759	WJC527	<a href="#">Developing Personal Learning Skills</a>	A (Core Units)	6	Level 1
J/506/0560	WJC459	<a href="#">Developing Skills For Independent Life</a>	A (Core Units)	3	Level 1
H/503/8193	WJA403	<a href="#">Developing Skills For Listening To Children</a>	A (Core Units)	3	Level 1
T/504/2880	WJD351	<a href="#">Developing Skills In Garden Horticulture</a>	A (Core Units)	3	Level 1
R/506/0836	WJC692	<a href="#">Developing Technical Skills For Performance In The Arts</a>	A (Core Units)	3	Level 1
R/504/7701	WJD348	<a href="#">Domestic Skills</a>	A (Core Units)	3	Level 1
L/505/1231	WJD363	<a href="#">Drug Awareness For The Individual</a>	A (Core Units)	3	Level 1
J/504/8800	WJD386	<a href="#">Employment Rights, Contracts And Pay</a>	A (Core Units)	3	Level 1
R/504/9335	WJD381	<a href="#">Environmental Study</a>	A (Core Units)	3	Level 1
Y/504/8705	WJD378	<a href="#">Family Learning</a>	A (Core Units)	3	Level 1
R/505/0825	WJD346	<a href="#">Filing Skills</a>	A (Core Units)	3	Level 1
M/504/9410	WJD364	<a href="#">Food Commodities</a>	A (Core Units)	1	Level 1
K/505/9854	WJD352	<a href="#">Garment Construction</a>	A (Core Units)	3	Level 1
K/506/0664	WJC519	<a href="#">Group And Teamwork Communication Skills</a>	A (Core Units)	3	Level 1
K/504/9969	WJD347	<a href="#">Hand Knitting Skills</a>	A (Core Units)	3	Level 1
A/503/3291	WJA444	<a href="#">Handling Data</a>	A (Core Units)	2	Level 1
F/504/8231	WJD354	<a href="#">Health And Hygiene</a>	A (Core Units)	3	Level 1
L/504/8233	WJD355	<a href="#">Health And Safety Awareness In A Work Environment</a>	A (Core Units)	1	Level 1
L/504/8264	WJD356	<a href="#">Healthy Living</a>	A (Core Units)	3	Level 1
F/504/8858	WJD391	<a href="#">Healthy, Safety And First Aid At Work</a>	A (Core Units)	3	Level 1
T/506/0988	WJC758	<a href="#">Identification Of Basic External And Internal Car Parts</a>	A (Core Units)	3	Level 1
F/506/0573	WJC356	<a href="#">Improving Assertiveness And Decision Making</a>	A (Core Units)	3	Level 1
M/504/3705	WJD357	<a href="#">Improving Own Learning And Performance</a>	A (Core Units)	3	Level 1
J/504/8277	WJD358	<a href="#">Independent Shopping For Household Items</a>	A (Core Units)	3	Level 1

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F/506/0766	WJC370	<a href="#">Induction To Study</a>	A (Core Units)	3	Level 1
D/504/2355	WJD372	<a href="#">Interview Skills</a>	A (Core Units)	3	Level 1
H/504/8688	WJD374	<a href="#">Issues Of Substance Misuse</a>	A (Core Units)	1	Level 1
F/506/0668	WJC362	<a href="#">Lip Reading Skills</a>	A (Core Units)	6	Level 1
F/506/0699	WJC364	<a href="#">Making And Using Story Sacks For Family Learning</a>	A (Core Units)	3	Level 1
L/506/0575	WJC566	<a href="#">Making Choices In Pursuit Of Personal Goals</a>	A (Core Units)	3	Level 1
K/506/1054	WJC549	<a href="#">Managing Your Own Learning</a>	A (Core Units)	3	Level 1
R/506/0920	WJC699	<a href="#">Measure: Time And Temperature</a>	A (Core Units)	2	Level 1
D/506/0838	WJC323	<a href="#">Musical Theatre</a>	A (Core Units)	3	Level 1
T/504/7786	WJD349	<a href="#">Parenting Skills</a>	A (Core Units)	3	Level 1
R/504/2885	WJD369	<a href="#">Participating In Leisure Activities</a>	A (Core Units)	3	Level 1
A/504/9376	WJD366	<a href="#">Peer Support Skills</a>	A (Core Units)	2	Level 1
D/506/0841	WJC324	<a href="#">Performing Physical Theatre</a>	A (Core Units)	3	Level 1
H/503/3172	WJA486	<a href="#">Personal Budgeting And Managing Money</a>	A (Core Units)	3	Level 1
T/504/8839	WJD388	<a href="#">Personal Relationships</a>	A (Core Units)	3	Level 1
F/504/9301	WJD371	<a href="#">Pest, Disease And Weed Control</a>	A (Core Units)	3	Level 1
A/503/2657	WJA449	<a href="#">Plastering Techniques</a>	A (Core Units)	3	Level 1
R/503/3345	WJA450	<a href="#">Preparation For Garment Construction</a>	A (Core Units)	2	Level 1
K/602/5956	CAN096	<a href="#">Preparing For An Interview</a>	A (Core Units)	1	Level 1
L/506/0494	WJC559	<a href="#">Preparing Walls For Decoration</a>	A (Core Units)	1	Level 1
T/504/8131	WJD350	<a href="#">Presentation Skills</a>	A (Core Units)	2	Level 1
F/504/9380	WJD361	<a href="#">Principles Of Advertising</a>	A (Core Units)	1	Level 1
Y/503/3282	WJA453	<a href="#">Probability</a>	A (Core Units)	1	Level 1
Y/504/8669	WJD373	<a href="#">Problem Solving In The Workplace</a>	A (Core Units)	3	Level 1
L/503/3392	WJA454	<a href="#">Punctuation And Grammar Skills</a>	A (Core Units)	2	Level 1
R/506/0741	WJC684	<a href="#">Recognising Employment Opportunities</a>	A (Core Units)	1	Level 1
T/506/0845	WJC749	<a href="#">Rehearsing For A Production</a>	A (Core Units)	3	Level 1
L/504/9978	WJD359	<a href="#">Sewing Machine Maintenance Skills</a>	A (Core Units)	6	Level 1
R/504/9979	WJD360	<a href="#">Sewing Machine Techniques</a>	A (Core Units)	6	Level 1
M/504/9973	WJD353	<a href="#">Sewing Skills</a>	A (Core Units)	3	Level 1
A/506/0717	WJC260	<a href="#">Sex And Relationship Education</a>	A (Core Units)	3	Level 1
D/506/0970	WJC333	<a href="#">Skills In Caring For Young Children</a>	A (Core Units)	3	Level 1
T/503/3158	WJA456	<a href="#">Skills Used In Reading For Meaning</a>	A (Core Units)	3	Level 1
F/506/0847	WJC375	<a href="#">Song Writing Skills In Popular Music</a>	A (Core Units)	6	Level 1
F/506/0850	WJC376	<a href="#">Sound And Audio Production Skills</a>	A (Core Units)	3	Level 1
J/506/0669	WJC466	<a href="#">Speaking And Listening Skills</a>	A (Core Units)	3	Level 1
F/503/3163	WJA491	<a href="#">Spelling Rules And Strategies In Practical Use</a>	A (Core Units)	3	Level 1
F/503/3390	WJA461	<a href="#">Spelling Skills</a>	A (Core Units)	3	Level 1

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J/504/9994	WJD375	<a href="#">Storage And Distribution Of Assembled Garments</a>	A (Core Units)	3	Level 1
J/504/8697	WJD376	<a href="#">Supporting A Child With Reading</a>	A (Core Units)	3	Level 1
A/504/8700	WJD377	<a href="#">Supporting A Child With Writing</a>	A (Core Units)	3	Level 1
K/504/8711	WJD379	<a href="#">Supporting Children's Literacy And Numeracy Development</a>	A (Core Units)	3	Level 1
Y/506/0952	WJC808	<a href="#">Taking Part In Sport</a>	A (Core Units)	3	Level 1
K/505/1611	WJD389	<a href="#">The Physical And Psychological Needs Of Children</a>	A (Core Units)	3	Level 1
A/504/9040	WJD390	<a href="#">The Principles Of Care, Organisational Policies And The Role Of The Care Worker</a>	A (Core Units)	3	Level 1
T/505/1000	WJD380	<a href="#">The Theory Of Music</a>	A (Core Units)	6	Level 1
D/506/0760	WJC317	<a href="#">Time Management</a>	A (Core Units)	3	Level 1
H/503/3169	WJA464	<a href="#">Understanding And Using 2D Shapes</a>	A (Core Units)	1	Level 1
R/503/3278	WJA465	<a href="#">Understanding And Using Decimals</a>	A (Core Units)	2	Level 1
Y/503/3170	WJA466	<a href="#">Understanding And Using Fractions</a>	A (Core Units)	2	Level 1
D/503/3252	WJA467	<a href="#">Understanding And Using Percentages</a>	A (Core Units)	2	Level 1
H/506/0548	WJC407	<a href="#">Understanding Business Communication</a>	A (Core Units)	3	Level 1
H/506/0551	WJC408	<a href="#">Understanding Business Meeting Techniques</a>	A (Core Units)	3	Level 1
T/506/0974	WJC757	<a href="#">Understanding Child Development</a>	A (Core Units)	3	Level 1
A/506/1043	WJC288	<a href="#">Understanding Customer Service</a>	A (Core Units)	3	Level 1
D/506/0631	WJC308	<a href="#">Understanding Diversity In Society</a>	A (Core Units)	3	Level 1
H/506/0632	WJC416	<a href="#">Understanding Eating Disorders</a>	A (Core Units)	1	Level 1
A/506/1012	WJC286	<a href="#">Understanding Ecology And Conservation</a>	A (Core Units)	3	Level 1
M/506/0634	WJC627	<a href="#">Understanding Equal Opportunities</a>	A (Core Units)	3	Level 1
A/506/0720	WJC261	<a href="#">Understanding Family Relationships</a>	A (Core Units)	3	Level 1
K/505/1625	WJD387	<a href="#">Understanding Human Growth And Development</a>	A (Core Units)	3	Level 1
L/503/3277	WJA487	<a href="#">Understanding Length, Weight And Capacity</a>	A (Core Units)	1	Level 1
R/503/3166	WJA463	<a href="#">Understanding Numbers</a>	A (Core Units)	2	Level 1
K/506/0955	WJC541	<a href="#">Understanding Nutrition, Performance And Healthy Eating</a>	A (Core Units)	3	Level 1
F/506/1030	WJC389	<a href="#">Understanding Organic Horticulture</a>	A (Core Units)	3	Level 1
D/506/0659	WJC310	<a href="#">Understanding Own Response To Body Image</a>	A (Core Units)	2	Level 1
F/602/5977	CAN109	<a href="#">Understanding Pay And Payslips</a>	A (Core Units)	1	Level 1
J/503/3276	WJA470	<a href="#">Understanding Perimeter And Area</a>	A (Core Units)	1	Level 1
L/506/1032	WJC603	<a href="#">Understanding Plant Pruning</a>	A (Core Units)	1	Level 1
R/503/3183	WJA471	<a href="#">Understanding Play</a>	A (Core Units)	3	Level 1
F/503/8167	WJA405	<a href="#">Understanding Play For Early Learning</a>	A (Core Units)	3	Level 1
J/506/0638	WJC463	<a href="#">Understanding Prejudice And Discrimination</a>	A (Core Units)	3	Level 1
M/506/0567	WJC621	<a href="#">Understanding Rights And Responsibilities Of Citizenship</a>	A (Core Units)	3	Level 1

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F/506/1013	WJC387	<a href="#">Understanding Soils And Crop Plants</a>	A (Core Units)	3	Level 1
Y/506/1034	WJC815	<a href="#">Understanding Sowing And Growing Techniques</a>	A (Core Units)	3	Level 1
H/506/0601	WJC413	<a href="#">Understanding Stress And Stress Management Techniques</a>	A (Core Units)	3	Level 1
K/506/1037	WJC547	<a href="#">Understanding Techniques Used In Floristry</a>	A (Core Units)	3	Level 1
A/502/5756	CAM251	<a href="#">Understanding The Business Of Retail</a>	A (Core Units)	1	Level 1
Y/503/3184	WJA442	<a href="#">Understanding The Intellectual And Language Development Of Children From Birth To Eight</a>	A (Core Units)	3	Level 1
J/504/9381	WJD365	<a href="#">Understanding The News</a>	A (Core Units)	2	Level 1
T/502/5805	CAM252	<a href="#">Understanding The Retail Selling Process</a>	A (Core Units)	2	Level 1
T/506/0568	WJC727	<a href="#">Understanding The Role Of Young People As Peer Mentors</a>	A (Core Units)	3	Level 1
L/506/0852	WJC588	<a href="#">Understanding The Use Of Digital Sampling Techniques For Composing And Producing Music</a>	A (Core Units)	3	Level 1
H/506/0761	WJC424	<a href="#">Understanding Time Management In The Workplace</a>	A (Core Units)	2	Level 1
F/503/3258	WJA490	<a href="#">Understanding Volume</a>	A (Core Units)	1	Level 1
T/506/0649	WJC733	<a href="#">Understanding Young People, Law And Order</a>	A (Core Units)	3	Level 1
R/506/0724	WJC682	<a href="#">Understanding Your Pregnancy And Preparation For Your Baby</a>	A (Core Units)	3	Level 1
T/506/0764	WJC741	<a href="#">Undertaking An Enterprise Project</a>	A (Core Units)	3	Level 1
M/506/0519	WJC617	<a href="#">Use Of Tools And Equipment For Bricklaying</a>	A (Core Units)	3	Level 1
Y/503/2651	WJA481	<a href="#">Using And Maintaining Woodworking Tools</a>	A (Core Units)	3	Level 1
L/505/1004	WJD392	<a href="#">Using Aural Skills In Music</a>	A (Core Units)	3	Level 1
J/503/3259	WJA473	<a href="#">Using Calculations: Addition And Subtraction Of Whole Numbers</a>	A (Core Units)	1	Level 1
F/503/3356	WJA474	<a href="#">Using Calculations: Multiplication And Division Of Whole Numbers</a>	A (Core Units)	2	Level 1
Y/506/0790	WJC795	<a href="#">Using Cooking Skills In The Domestic Kitchen</a>	A (Core Units)	3	Level 1
L/506/0978	WJC597	<a href="#">Using Craft Activities With Children And Young People</a>	A (Core Units)	3	Level 1
Y/506/0496	WJC773	<a href="#">Using Decorative Paint Effects For Interior Walls</a>	A (Core Units)	3	Level 1
D/505/0827	WJD393	<a href="#">Using Fax Machines And Photocopiers</a>	A (Core Units)	3	Level 1
D/506/0497	WJC298	<a href="#">Using Floor And Wall Tiling Techniques</a>	A (Core Units)	3	Level 1
L/506/0821	WJC585	<a href="#">Using Kitchen Equipment</a>	A (Core Units)	1	Level 1
H/506/0498	WJC402	<a href="#">Using Painting Skills For Interior Walls</a>	A (Core Units)	3	Level 1
R/506/0500	WJC669	<a href="#">Using Plastering Skills - Floating Coat To An Attached Pier</a>	A (Core Units)	3	Level 1
Y/506/0501	WJC774	<a href="#">Using Plastering Skills - Plastering To A Window Reveal</a>	A (Core Units)	3	Level 1
H/503/9912	WJD394	<a href="#">Using Stitched Surface Decoration Techniques</a>	A (Core Units)	3	Level 1
D/506/0676	WJC312	<a href="#">Using Teamwork Skills</a>	A (Core Units)	3	Level 1



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R/506/0853	WJC693	<a href="#">Using The Internet As A Medium For Music</a>	A (Core Units)	3	Level 1
A/506/0538	WJC248	<a href="#">Using Tools And Equipment For Garment Making</a>	A (Core Units)	3	Level 1
H/506/0503	WJC403	<a href="#">Wallpapering</a>	A (Core Units)	3	Level 1
A/506/0801	WJC269	<a href="#">Work Experience</a>	A (Core Units)	3	Level 1
Y/506/0708	WJC788	<a href="#">Work, Review And Plan</a>	A (Core Units)	3	Level 1
F/504/8892	WJD395	<a href="#">Working With Your Child To Develop Literacy Skills</a>	A (Core Units)	3	Level 1
J/504/8893	WJD396	<a href="#">Working With Your Child To Develop Numeracy Skills</a>	A (Core Units)	3	Level 1
D/503/3302	WJA477	<a href="#">Writing For Meaning Skills</a>	A (Core Units)	3	Level 1
K/502/4389	CAI916	<a href="#">Audio Software</a>	B (IT Units)	2	Level 1
F/502/4558	CAJ014	<a href="#">Data Management Software</a>	B (IT Units)	2	Level 1
H/502/4553	CAI925	<a href="#">Database Software</a>	B (IT Units)	3	Level 1
M/502/4572	CAI929	<a href="#">Design Software</a>	B (IT Units)	3	Level 1
Y/502/4565	CAI930	<a href="#">Desktop Publishing Software</a>	B (IT Units)	3	Level 1
J/502/4612	CAI931	<a href="#">Imaging Software</a>	B (IT Units)	3	Level 1
Y/502/4291	CAI932	<a href="#">IT Communication Fundamentals</a>	B (IT Units)	2	Level 1
L/502/4384	CAJ016	<a href="#">IT Software Fundamentals</a>	B (IT Units)	3	Level 1
Y/502/4615	CAI934	<a href="#">Multimedia Software</a>	B (IT Units)	3	Level 1
Y/502/4369	CAJ021	<a href="#">Personal Information Management Software</a>	B (IT Units)	2	Level 1
K/502/4621	CAJ022	<a href="#">Presentation Software</a>	B (IT Units)	3	Level 1
A/502/4624	CAI939	<a href="#">Spreadsheet Software</a>	B (IT Units)	3	Level 1
J/502/4299	CAI942	<a href="#">Using Email</a>	B (IT Units)	2	Level 1
H/502/4374	CAI943	<a href="#">Using Mobile IT Devices</a>	B (IT Units)	2	Level 1
T/502/4296	CAI945	<a href="#">Using The Internet</a>	B (IT Units)	3	Level 1
K/502/4392	CAI947	<a href="#">Video Software</a>	B (IT Units)	2	Level 1
L/502/4630	CAJ023	<a href="#">Website Software</a>	B (IT Units)	3	Level 1
L/502/4627	CAI949	<a href="#">Word Processing Software</a>	B (IT Units)	3	Level 1

As well as consulting this document, providers must also check LASER's essential information regarding the availability of all LASER's qualifications and units, including withdrawal notifications. LASER's 'Qualification and Unit Announcements' are available [here](#).