

Unit Title: Support Individuals To Eat And Drink
Unit Level: Level 2
Unit Credit Value: 2
GLH: 15
LASER Unit Code: WJF235
Ofqual Unit Code: M/505/2503

This unit has 5 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to support individuals to make choices about food and drink.	1.1	Establish with an individual the food and drink they wish to consume.
		1.2	Encourage the individual to select suitable options for food and drink.
		1.3	Describe ways to resolve any difficulties or dilemmas about the choice of food and drink.
		1.4	Describe how and when to seek additional guidance about an individual's choice of food and drink.
2.	Be able to prepare to provide support for eating and drinking.	2.1	Identify the level and type of support an individual requires when eating and drinking.
		2.2	Demonstrate effective hand-washing and use of protective clothing when handling food and drink.
		2.3	Support the individual to prepare to eat and drink, in a way that meets their personal needs and preferences.
		2.4	Provide suitable utensils to assist the individual to eat and drink.
3.	Be able to provide support for eating and drinking.	3.1	Describe factors that help promote an individual's dignity, comfort and enjoyment while eating and drinking.
		3.2	Support the individual to consume manageable amounts of food and drink at their own pace.
		3.3	Provide encouragement to the individual to eat and drink.
		3.4	Support the individual to clean themselves if food or drink is spilt.
		3.5	Adapt support in response to an individual's feedback or observed reactions while eating and drinking.
4.	Be able to clear away after food and drink.	4.1	Explain why it is important to be sure that an individual has chosen to finish eating and drinking before clearing away.
		4.2	Confirm that the individual has finished eating and drinking.

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		4.3	Clear away used crockery and utensils in a way that promotes active participation.
		4.4	Support the individual to make themselves clean and tidy after eating or drinking.
5.	Be able to monitor eating and drinking and the support provided.	5.1	Explain the importance of monitoring the food and drink an individual consumes and any difficulties they encounter.
		5.2	Carry out and record agreed monitoring processes.
		5.3	Report on the support provided for eating and drinking in accordance with agreed ways of working.

Assessment Guidance:

All assessment criteria for this unit must be assessed in the workplace. Simulation is not acceptable

Additional Information:

NA