

**Unit Title:** 

Removing And Replacing Cycle Saddles And Seatposts And Adjusting Handlebars

**Unit Level:** Entry 3

**Unit Credit Value:** 1 5 GLH:

**LASER Unit Code: WJC694 Ofqual Unit Code:** R/506/0867

This unit has 3 learning outcomes.

LEARNING OUTCOMES			ASSESSMENT CRITERIA	
The learner will:		The learner can:		
1.	Be able to work efficiently and safely when removing and replacing saddles, seatposts and adjusting handlebars of a cycle.	1.1	Use appropriate Personal Protective Equipment and safety methods when working on saddles, seatposts and handlebars on cycles.	
		1.2	Safely handle and dispose of used saddles and seatposts.	
		1.3	Safely handle and support a cycle when working on saddles, seatposts and handlebars.	
		1.4	Identify the people that must be informed of the progress on the work being undertaken.	
2.	Know how cycle saddles, seatposts and handlebars function.	2.1	List the components of saddles, seatposts and handlebars.	
		2.2	State the basic function of:  a) saddles b) seatposts c) handlebars d) post limit marks.	
3.	Carry out the removal and replacement of saddles, seatposts and adjustment of handlebars of cycles.	3.1	Use the equipment required to carry out the removal and replacement.	
		3.2	Remove and replace saddles and seatposts and adjust handlebars.	
		3.3	Undo and tighten fasteners associated with the removal and replacement of saddles and seatposts and adjustment of handlebars.	
		3.4	Identify cosmetic damage of cycle components and inform the relevant person.	

Assessment Guidance:	
NA	

Additional Information:	
NA	